



PACKING LIST

LEADERS IN TRAINING

CLOTHING

- Closed-Toe Shoes (1-2 pairs)
- Sandals / Flip Flops (2 pairs)
- Bathing Suits (2)
- Underwear (for 2 Weeks)
- Socks (for 2 Weeks)
- T-Shirts / Tops (several)
- Sweatshirts / Sweaters
- Shorts (2-3)
- Jeans (2-3)
- Rain Jacket & Rain Boots
- Hat
- Old Clothes (for messy/work activities)
- Pajamas (2-3)
- Sweatpants (1-2)

CAMP GEAR

- Beach Towel (2)
- Shower Towel (1)
- Sunscreen (1-2 bottles)
- Insect Repellent (1-2 bottles)
- Bible
- Journal and Pens/Pencils (3-4)
- Alarm Clock
- Goggles & Whistle (for swim week)
- Sunglasses
- Reusable Water Bottle
 - Note: LITs are gifted a 32oz Camp nalgene!
- Pillow
- Toiletries (toothbrush, deodorant, shampoo, etc.)
- Sanitary Items
- Fitted Sheets for Single Bed (1)
- Sleeping Bag or Bedding for Single Bed (1)
- Extra Blanket (optional)
- Flashlight
- Small Backpack

DRESS CODE

The following dress code has been established to help young leaders grow in maturity. LIT is a co-ed program making it especially important for participants to agree to Camp's dress code.

- Underwear (including bras) should not be visible through or outside of clothing.
- Swimsuits must fit well and stay in place when both dry and wet. Please bring a modest swim suit appropriate for physical activity.
- Clothing with inappropriate/offensive language, gestures, images or advertising is not permitted.
- Please dress appropriately for camp activities. Both tops and bottoms should allow for free movement and physical activity including jumping, stretching and climbing without revealing navels, cleavage or bottoms.

PLEASE DO NOT BRING

- X** Guns, BB Guns or Air Soft Guns
- X** Knives (or any other weapons)
- X** Alcohol, Cannabis or Illegal Drugs
- X** E-cigarettes or Vape Pens
- X** Electronics, Jewelry or Valuables
- X** Snacks (allergy awareness + not attracting critters)



THERE'S MORE!

Make sure you read page 2 for a list of items you will need for the LIT Canoe Trip! This includes some great tips whether this is for your first canoe trip or you're an expert!



PACKING LIST

LEADERS IN TRAINING • CANOE TRIP

Please note that Camp will provide canoes, tents, cooking tools, cutlery, and all other major gear for the trip. This list includes required gear (items you will regret not bringing) as well as some optional items that will improve your experience. ***We ask that LITs are intentional in their packing to ensure they have the best possible experience.***

TRIP TIP: NO COTTON

Please ensure that NONE of your clothing is cotton. Cotton does not dry easily, gets heavy when wet, and makes for poor tripping clothes.

TRIP TIP: SHOES & RAIN GEAR

The most important items for a trip are good shoes and a raincoat. If you purchase footwear for the trip, please wear them for a while before leaving to prevent blistering on the trip. A good raincoat will make or break your trip by keeping you dry and warm on long days!

TRIP TIP: PURCHASING GEAR

Tripping items can be purchased from stores including MEC, SAIL and Canadian Tire.



GOT QUESTIONS?

Our Customer Care Team is here to help!

info@miniyowe.com
705-385-2629

TRIP CLOTHES (REQUIRED)

- Shorts (1)
- T-Shirts (2)
- Underwear (1)
- Long-Sleeve Shirt (1)
- "Active Wear" Bathing Suit (2)
- Fleece or Wool Sweater (1)
- Socks (2)
 - Thin and quick drying
 - We suggest smart wool or merino wool
- Pants (1)
 - Not jeans or sweat pants

TRIP GEAR (REQUIRED)

- Compact Sleeping Bag (1)
- Rain Coat (1)
- Hat (1)
- Toiletries (tooth brush, toothpaste, deoderant)
- Closed-Toe Footwear (1)
 - This is important! There are many options but please ensure your footwear is designed to get wet, dry quickly, and provide ankle support and traction. Feel free to bring a second pair of closed-toe sandals or shoes for the campsite.

TRIP GEAR (OPTIONAL)

- Microfibre Swimming Towel (1)
- Rain Pants (1)
- Sunglasses (1)
- Head Lamp (1)
- Bug Repellent / Bug Net Hat (1)
- Personal Bible (1)
 - We pack compact Bibles for the trip.
- Camera (1)
 - A waterproof camera or GoPro is ideal.